

I'm a 63 year old retired British GP married to Mary, also a retired GP.

We have two children, Katie who works in Sheffield, a city about an hour away from us and Chris, who is just starting a PhD in Epigenetics in Paris.

I manage to keep fairly occupied, we have a rather neurotic Springer Spaniel and a large allotment, I cycle with a club year round and sail a dinghy once a week over the summer. We also have a French lesson once a week. I try to get to the gym and a Pilates class, read a bit of history and do occasional bird watching.

I have K6c, my grand father and father had it and my son does too. It's one of the milder forms of PC but still has its limitations. I was diagnosed when I was 59, having been told as a child and again as a medical student that I had a variant of Epidermolysis Bullosa Simplex, another one of the keratin disorders family.