



Pachyonychia Congenita Project

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We hope that making available the relevant information on Pachyonychia Congenita will be a means of furthering research to find effective therapies and a cure for PC.

), necessitating amputation of the upper of slowly progressive ulcerated cutaneous origin, for which the name malignant histiocytoma was employed by the French school. Montpellier tumour of the female breast under that name. Their case differs somewhat from ours. The case of Guibert and Marre (1942) and for Dupont's case, which showed a good deal of xantho-

large pale stellate cells with one or more nucleoli frequently combined with or even inflammatory cells does not, *per se*, help in diagnosis. A similar pattern may be seen in various diseases. A case of Pautrier and Woringer (1937), who reported lesions and who was cured of his granuloma following reappearance of the lesions, which were removed and gave the impression of a lymphoma. Pautrier and Woringer classify the large cells as xanthohistioblast of Ferrata.

Finally Letterer-Siwe disease, may be present with a microscopic picture not too dissimilar to histiocytoma (Case 7 of Ponseti, 1948). There are the cases of chronic irritation after trauma (Cases 8), among others, drew attention. In this case the histological features resembling our material, yet different. The cases of cutaneous reticulosis of Letterer-Siwe, whose slides I had occasion to see,* and of Ponseti (1949) and of Cobane (1950) are different. It is self-evident that the clinical findings (size of lesions) can be evaluated before microscopic diagnosis.

SUMMARY.

This entity is used for a dermato-histological entity which has been noticed. It is felt that the cutaneous xanthohistioblast and O'Leary represents the same process. The histological appearance are presented, as well as the clinical aspects and may well represent a progressive form of low grade malignancy. The differential diagnosis is discussed.

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VITAMIN A IN A CASE OF ACQUIRED LOCALIZED KERATOSIS PALMARIS ET PLANTARIS AND ONE OF ACQUIRED PACHYONYCHIA.

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THE difficulty of treating these disorders successfully makes us think it worth while to record satisfactory results in one case of each treated with vitamin A.

These two cases are reported together because both are essentially manifestations of abnormal keratinization, both responded to vitamin A, and both were under observation at the same time.

CASE 1.—A female dressmaker, aged 19, complained of skin trouble all her life on the palms and soles.

Past history.—She had never suffered from any illness that she could remember, apart from colds.

Family history.—This was entirely negative, except that her father's skin had always been dry.

Examination revealed the presence of well-marked keratosis palmaris et plantaris. On the soles the horny layer was much thickened and was surrounded by an erythematous margin. The whole surface of the palms was erythematous, but hyperkeratosis was less marked. Sweating on the affected areas was excessive. Mild xeroderma was also present, with slight keratosis pilaris on the outer surface of the arms. The W.R. and Kahn reactions were negative, and no fungus was detected microscopically. Plasma vitamin A averaged 88 i.u./100 ml.

Treatment.—Ointments containing up to 6% salicylic acid were used for many months without benefit. Higher concentrations appeared to irritate the skin. Tar and other substances were also applied without altering the condition.

While under active treatment numerous hyperkeratotic nodules resembling large

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plantar warts appeared on the palms (Fig. 1), which were entirely unaffected by external applications.

It was finally decided to test the effect of vitamin A, and 100,000 i.u. daily was ordered. After three months it was found that the hyperkeratotic nodules and



FIG. 1.

slight hyperkeratosis had entirely disappeared, and that the palms were covered with soft erythematous sweating skin. The soles remained as before. The vitamin A was increased to 200,000 i.u. daily for three months and then stopped. Six months later there had been no recurrence of hyperkeratosis on the palms, while the skin on the soles was softer.

CASE 2.—A girl, aged 9, complained of thickening and deformity of the toe nails and bluish discoloration of the margins of the finger nails.

ACQUIRED LOCALIZED KERATOSIS

Past history.—Pneumonia, chickenpox, measles.

Family history.—Mother has thickened skin.

Examination showed a healthy girl with thickened skin on the fingers and toes. The distal ends of all the toe-nails were thickened and raised from the nail bed. On the fourth toe there was a "claw" formation (Fig. 2). No sign of fungus or monilia were found microscopically.

Treatment.—Vitamin B, 1 mg. *t.d.s.*, was ordered. Vitamin A, 30,000 i.u. daily, was then added.



FIG. 2.

One month later; within two months improvement was noted. The nails had become normal, excepting the fourth toe which showed slight hyperkeratoses. The thickened skin on the fingers was unaffected.

COMMENT

It is, of course, possible that both of these cases were due to a deficiency of vitamin A, and that the improvement was due to the administration of vitamin A. It is known that localized hyperkeratosis of the skin, which first time late in life, may respond to treatment as described by Brooke (1891). In Case 1, the patient had resisted five years' treatment by our

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(Fig. 1), which were entirely unaffected by defect of vitamin A, and 100,000 i.u. daily was found that the hyperkeratotic nodules and

Post history.—Pneumonia, chickenpox, measles and mumps.
Family history.—Mother has thickened skin over pressure areas on the soles.
Examination showed a healthy girl with no ectodermal or other defects apart from the toe-nails and thickened skin over pressure areas on the soles. The distal ends of all the toe-nails were thickened, deformed, of a yellowish colour and raised from the nail bed. On the fourth and fifth toes there was a tendency to "claw" formation (Fig. 2). No sign of fungus infection was seen clinically, and no fungus or monilia were found microscopically.
Treatment.—Vitamin B, 1 mg. *t.d.s.*, was tried for one month without effect. Vitamin A, 30,000 i.u. daily, was then added, and increased to 75,000 i.u. daily one



FIG. 1.



FIG. 2.

month later; within two months improvement was noted, and after four months the nails had become normal, excepting the free margin of the right big toe, which showed slight hyperkeratoses. The thickened skin on the soles, however, remained unaffected.

COMMENT.

appeared, and that the palms were covered with nodules. The soles remained as before. The vitamin was continued for three months and then stopped. Six months later the hyperkeratosis on the palms, while the skin on the soles remained unaffected. The thickening and deformity of the toe nails and the deformities of the finger nails.

It is, of course, possible that both of these patients would have got better without vitamin A, and that the improvement while taking it was a coincidence. It is known that localized hyperkeratosis on the palms, when appearing for the first time late in life, may respond to simple remedies, as in the case described by Brooke (1891). In Case 1, however, the nodules on the palms resisted five years' treatment by ourselves and others with keratolytic

and other ointments, and the malady had been present on the feet, and on the palms in a modified form, since birth. Although the palmar lesions which responded to vitamin A were of recent origin, the disorder was clearly of the congenital type, which is generally resistant to any kind of therapy. Marre (1949), however, gave vitamin A to a mother and children with congenital tylosis and noted that the palms became softer, though there is no mention of the hyperkeratosis disappearing.

The second case was probably one of pachyonychia congenita, although we have referred to it as "acquired" because the nail changes began later than usual. Wright and Guequierre (1947), in describing two cases of this nature say that they found vitamin A and emollients of value in treating the dry keratotic skin in an infant, but apparently the nails were unaffected.

It is noticeable that the hyperkeratotic nodules in Case 1 and the nail changes in Case 2 were of comparatively recent origin and short duration for such disorders, and were actively progressive. Possibly these factors may help to account for the response to vitamin A.

It is not suggested that deficiency of vitamin A is an aetiological factor of importance in tylosis, but it is possible that the malady so disturbs the utilization of vitamin A that the process of keratinization is affected.

SUMMARY.

The beneficial effect of vitamin A in a case of keratosis palmaris et plantaris and in one of pachyonychia is described.

We wish to thank Dr. R. T. Brain for permission to publish the second case.

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LEPRA, PSORIASIS, OR THE WILLAN-PLUMBE SYNDROME?

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THE ancient history of the condition known to-day as "psoriasis" has been obscured by the unfortunate terminological confusion that arose not only between the Greek, Latin and Arabic schools of medicine, but also between succeeding generations of physicians. The precise detailed description of the management of the "rising, scab or bright spot" in Leviticus XIII shows the age-long difficulty of differential diagnosis between various skin diseases, from the serious to the banal. Biblical leprosy (Zaraath), of which Naaman was healed by dipping himself seven times in Jordan, was probably the same

as our psoriasis, and the term "leprosy" used by Bateman in 1817 for the first diseases, an eruption apparently identical with Confusion also for long existed owing to the use of the term (λεπρα = scaly) for a large number of 'macular leprosy, psoriasis, squamous eczema' (ψωρα = the itch) was apparently applied to 'psora' and various forms of pityriasis (rough or leprous psora), and bore little resemblance to did lepra. Paulus Aegineta, early in the 7th century, described disorders as "characterized by a roughness and deliquescence of the body which originate in lepra affects the skin deeply in circular patches of large fishes; whereas psora is more superficial and throws off bran-like substances." Another term λεπος (= white), which was apparently also came to be applied to vitiligo and not to leprosy. Hippocrates, however, regarded leprosy as "blemish, and probably referred to leprosy as the distemper of the most fatal kind." The term λεπος (scaliness) was applied to a slowly developing leprosy of children, with very white scales, and not with depigmentation. Lepra nigricans of the Middle Ages, cold, damp, and a precarious or improper treatment, was as "generally believed to be induced by a disorder of the system."

In Green's *Diseases of the Skin* a table of synonyms is given for leprosy, including vitiligo, morphea, lichen, Greek elephantiasis! When psoriasis is used to mean melas, ecthyma, psora leprosa, pityriasis (= lichen), terminological "confusion no longer exists."

Psoriasis.

Robert Willan (1808) gave the first clear description of leprosy to-day, under the title "lepra vulgaris." He has a more distinct form and character of leprosy, which he adopted "psoriasis," "which seems identical with the scaly psora by a different appellation," while the term psora from the ulcerated psora, placed by Willan in the same category. The eleven types of scaly tetter he described included psoriasis guttata, psoriasis gyrata, and psoriasis circinata, which correspond to those conditions in our terminology.